

LEVEL 1 CARE OF LIFE THREATNING ILLNESS

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Level 1 is an introduction to development of professional standards, awareness of illness and becoming practical, competent and comfortable Understanding the healthcare system will assist you to so this..

MODULE 1: INTRODUCTION TO CARE OF LIFE THREATENING ILLNESS

Practical Awareness of serious illness
What is Palliation?
Reiki Basics
Anatomy and Physiology of Body, Mind and Spirit
How we become ill, Chakras and their Significance
Energy Fields of the Body, The Meridian System

MODULE 2: THE BENEFITS OF REIKI

How Reiki May Assist Life Threatening Illness
Use of Reiki to Assist the Life journey
Protection
Good Habits for Reiki Practitioners
Reiki is the Energy of Unconditional Love
From the eyes of our client
Presentation of life threatening illness

MODULE 3: HEALTHCARE FACILITIES -

Introduction to Healthcare Facilities
Where Does Reiki Fit?
Working within Healthcare Facilities
General Healthcare Facility Structure
Working with Volunteers
Professionalism -
Hygiene, Presentation, Smokers
Consent, Insurance, Confidentiality
Occupational Health and Safety, Documentation

MODULE 4: THE REIKI PROFESSIONAL -

Personal Values, Ethics, Boundaries,
Acceptance, Bedside Manner
Covid awareness and behaviour, PPE (personal protective equipment)

MODULE 5: REIKI SKILLS WITHIN A HEALTHCARE FACILITY - Adaptability and Flexibility

Body Positioning Examples, Skin Care of Your Client
Contraindications, Wounds and Awareness of Devices
Sensitivity and Communication, Listening, Responding, Reporting

MODULE 6: - SELF REFLECTION

Circle and Connection, Your Story